



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station (All Soups are Vegan)	Root Vegetable & Herb	Tomato & Chive	Mushroom Soup	Roast Tomato & Basil	Pumpkin & Thyme
Main Dish Global Kitchen	Flexitarian Monday Chicken Tikka Masala with Potato & Spinach Served with Garlic Naan & Mango Chutney	Moroccan Tender Chunky Beef, Chick Pea & Vegetable Tagine	Caribbean Jerk Jerk Chicken Marinated with Authentic Spices Plantain Chips	Greek Baked Lamb Moussaka Topped with Cheese & Oregano, Pitta Shards	Fish & Chip Shop Breaded Fish Fingers with Homemade Tartare Sauce, Lemon & Pickles
Vegetarian/Vegan	Lentil, Black Bean & Vegan Mince Chilli	Bell Peppers Stuffed with Mixed Grains, Sun Dried Tomatoes & Herbs	Smoky Pumpkin, Sweet Potato & Vegetable Stew	Squash, Spinach, Roasted Peppers & Red Onion Barley Risotto	Battered Quorn Sausages
On the Side	50/50 Rice Peas & Corn	Herby Cous Cous Steamed Carrots & Greens	Rice and Peas Sweetcorn & Broccoli	Crushed New Potatoes Green Beans & Carrots	Chunky Chips Garden Peas
Dessert and Fresh Fruits	Apple & Pear Crumble with Custard Selection of Dessert Pots & Jelly	Carrot Cake with a Cinnamon Drizzle Selection of Dessert Pots & Jelly	Golden Syrup Sponge with Custard Selection of Dessert Pots & Jelly	Vanilla Rice Pudding with Berries & Seeds Selection of Dessert Pots & Jelly	Jam Ball Doughnuts Selection of Dessert Pots & Jelly
Cut Fruit	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots
Yogurt Pots	Fresh Yogurt Pots	Fresh Yogurt Pots	Fresh Yogurt Pots	Fresh Yogurt Pots	Fresh Yogurt Pots

Prep School Menu

